



# DEAF WOMEN OF CONNECTICUT

INVITES YOU

## FOR A HEALTHY EATING TOUR AND TASTING!

- Introduce the tour and share Nutritional Overview of Health Starts Here.
- Walk through the aisles and learn about foods – understanding the ANDI scoring system.
- Offer tasting around the market and Share a freshly prepared smoothie.

**Meet a Healthy Eating Specialist and Certified Health Coach Ronna Corlin**

**\*\*\*Sign Language Interpreter is provided\*\*\***

For more  
information, please  
contact Alice Bianco  
@ VP 203-274-8656  
or  
email at alicebianco  
@optonline.net



**WHEN: SUNDAY, MAY 15, 2011**

**TIME: 10:30 AM TO 12:15 PM**

**WHERE: WHOLE FOODS MARKET**

**150 Ledge Road, Darien, CT 06820**

(Take Exit 11 from 95 Highway)

**FIRST COME AND FIRST SERVED – LIMIT OF ATTENDEES**

**~~Free Admission~~**